

Safe Touch Lessons

We learned three lessons this week. The first one was to always ask before you go with someone. In the lesson there were different questions about what to do if different people ask you go somewhere. Like if a relative asks, or if a friend asks, or even a stranger. We talked about how important it is to always ask your parents or the person in charge first before you go with anyone - no matter who it is and no matter what the circumstance is.

Lesson number two was about how it is important to always ask a parent before accepting something from someone. Even if a relative, neighbor, or friend offers you something, you always need to ask first. Even if that person tries to convince you it is ok to accept the food or gift, it is very important to get permission first.

The third lesson was the touching rule. The rule is that a bigger person should not touch your private body parts except to keep you clean and healthy. I explained to the children that our private parts are those that are normally covered by a swimsuit.

We read a story that explained this to the children called "The Swimsuit Lesson" by Jon Holsten. We also watched a movie called "Joey Learns the Touching Rule" where we learned that it is ok for parents, grandparents, doctors, etc. to touch you because they are trying to keep us healthy and clean. They use the "Safe Touch Rule", but other people should not be touching you in your swimsuit areas because they are not trying to keep us clean and healthy.