



Saint Rose's Ramblings

Saint Rose of Lima Youth Ministry

Letter From the Editor: A New Year, New Resolutions (and a Reflection on Old Ones)

January 1st, 2012

Happy New Year! Can you believe it's 2012? Like everyone else, I like to make resolutions each year. Like everyone else, usually I don't stick with them for more than a couple of weeks. Or at least, that was the case until last year.

Last year I was determined to come up with resolutions to which I would actually stick. The first question I had to answer was "Well, what do I care enough about that I might actually stick with it?" A couple of things popped into my mind. The first was reading. I am an avid reader, but after college ended I didn't read much that was worth talking about. I wanted that to change. So my first resolution was to read one fiction and one non-fiction book each month. For 10 months I faithfully stuck with it, only 2 months short of my goal.

My second major resolution was in my spiritual life. Almost everybody wishes they would pray more, and unfortunately I am no

different. I struggle with prayer as much as anyone else, and I desire a deeper relationship with God. It's how and why we were created, to be in a constant relationship with our Creator. I didn't just want to pray more, however, I wanted to change the way I prayed, the way I related to God.

God clearly wanted that too, because on one of the first masses I attended in the new year, it may have even been the New Year's Day Mass, He gave me a clue as to how He wanted me to pray. The priest's homily was about a commitment he made to read the entire Bible in a year, and how it changed his relationship with God. You can't read the Bible every day, he said, without hearing God speak to you through those words. The more you read, the more you are going to hear God.

To me, that was all the sign from God I needed. I committed myself right then and there to reading through the entire Bible, and

Catechism of the Catholic Church, which has always been a goal of mine, in 2011. I am pleased to say I finished before Christmas, only a few short weeks ago. It was an amazing, albeit challenging, journey.

While I encourage everyone to read through the entire Bible at some point in their life, I realize that reading within a year's time is an immense challenge. I do, however, strongly encourage making Scripture part of your daily or at least weekly prayer routine. If you need somewhere to start, look at the list of weekly readings in the lectionary. They are listed in the bulletin each Sunday.

Whatever your resolution is for the New Year, and as I write this I am still working on mine, I wish you all the best for it. Know I am praying for you and your families during this year.

God bless,
Emily Peterson

Special points of interest:

- *We're on Facebook! Check out the Saint Rose of Lima Youth Ministry Page on Facebook for information and updates*
- *Visit the Youth Ministry Page on the Saint Rose of Lima website (saintroseoflima.net) to learn more about the program, view events, and access information and forms for current events*
- *Leaders are still needed for the mission trip! Contact Emily for more information*
- *Youth Ministry Contact Information:*

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Dates to Remember

January 8th, 15th, 22nd, and 29th, 3-4:30

Youth Group

*January 9th, 7-8pm
Mission Trip Meeting
Youth Room*

*January 10th, 7-8pm
Creating Safe and Sacred Places
Parent Meeting
Youth Room*

Revised Youth Group Schedule

The schedule for youth group for the second half of the year has been revised. Previously, youth group was scheduled on **February 5th**. Considering this is Super Bowl Sunday, this youth group has now been cancelled.

To make up for the loss of this week, a week has been added that was previously unscheduled. The added youth group will be on **April 1st**. All other weeks will remain the same as on the original schedule. To see the full schedule with the revisions, visit the Youth Ministry page on the Saint Rose of Lima website (saintroseoflima.net).

Finally, just a reminder that youth group starts again on **Sunday, January 8th from 3-4:30**. If you've ever heard the phrase "the Body of Christ" and wondered just what that meant, or even what part of the body you are (Head? Shoulders? Knees? Toes? Sounds like a song you sang as a child) this will be a great opportunity to find out! Plus, there will be plenty of fun and games as well, and maybe even a skit or two. See you on the 8th!