

# **Advent Retreat Notes**

**Father J. Michael Byron**

**December 6, 2011**

## **The Reflections of Saint Francis de Sales**

### 1. Obedience To: Reason/Feelings

- Authority / God  
  \ Church (?)
- \* Conscience
- Parents
- Waiting
- Contemplation
- Self-Knowledge/Acceptance
- Writing-Communication
- Perseverance
- Demands of a Secular World
- Vocation
- Truth

## 2. Tempted By:

- Despair
- Job/Bewilderment
- Lack of Compassion
- Impatience
- Busyness
- Worry/Anxiety
- Doubt
- Addiction
- Pride
- Rash Judgment
- Greed
- Anger

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